



SAVE A LIFE

STOP THE BLEED[®]

Promotion & Demonstration Only

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Version 2



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THE
COMMITTEE
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Why Do I Need This Training?

The #1 cause of preventable death after injury is **bleeding**.

Where Can I Use This Training?



Goals

1. Identify

Recognize
life-threatening
bleeding

2. Stop the Bleed

Take steps to
STOP THE BLEEDING

- ✓ Pressure
- ✓ Packing
- ✓ Tourniquets

Personal Safety

YOUR safety is **YOUR** first priority

- If you are injured, you cannot help others
- Help others only when it's **safe** to do so
- If the situation changes or becomes **unsafe**:
 - ✓ Stop
 - ✓ Move to safety
 - ✓ If you can, take the victim with you

Personal Safety

YOUR safety is **YOUR** first priority

- Wear gloves if you can
- If you get **blood** on you, be sure to clean any part of your body that the blood has touched
- Tell a health care provider that you got **blood** on you, and follow his or her direction

ABCs of Bleeding Control

A Alert 911

B Bleeding

C Compress

ABCs of Bleeding Control

A Alert 911

- **Call 911**
- **Know your location**
- **Follow instructions provided by 911 operator**

ABCs of Bleeding Control

A Alert 911

B Bleeding

C Compress



ABCs of Bleeding Control

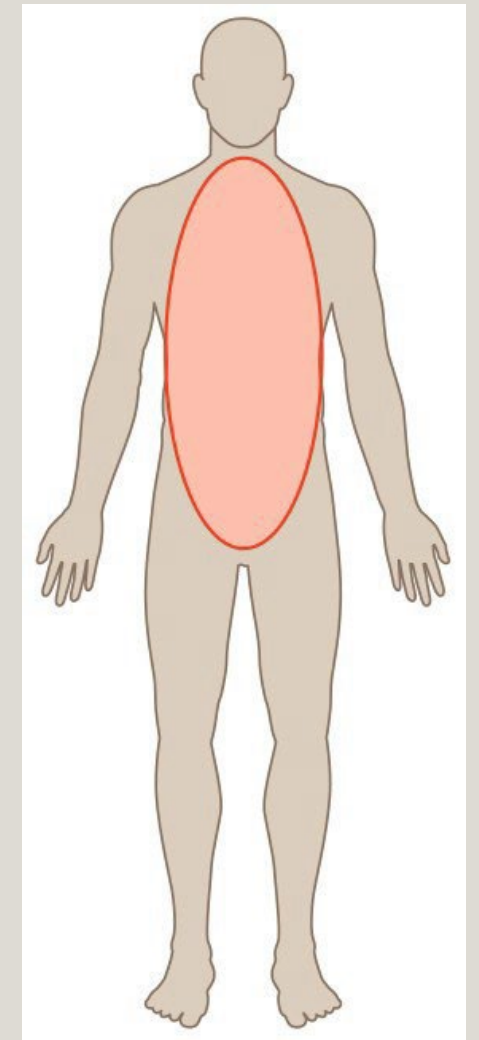
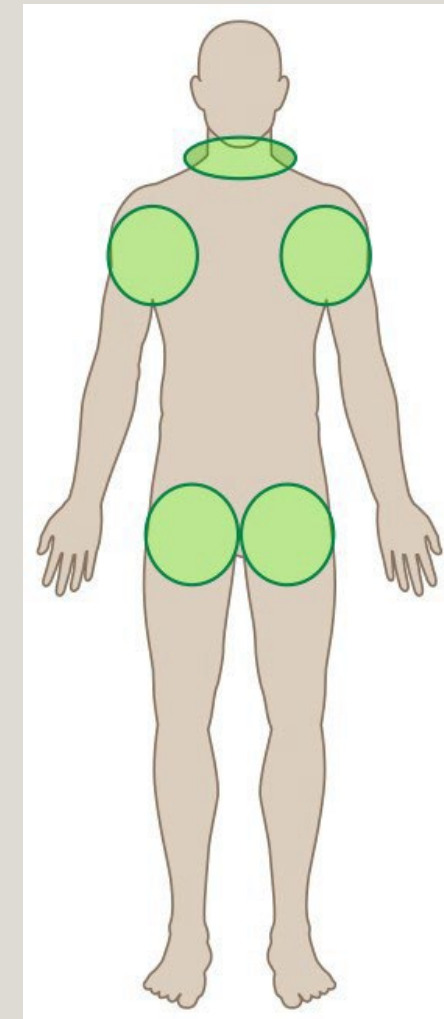
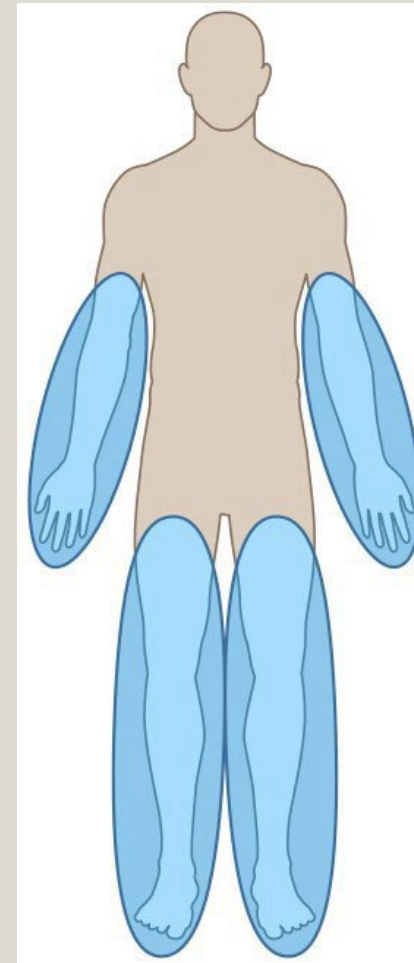
B Bleeding

- Find source of **bleeding**
- Look for:
 - ✓ Continuous **bleeding**
 - ✓ Large-volume **bleeding**
 - ✓ Pooling of blood

ABCs of Bleeding Control

B Bleeding

- Arms and legs
- Neck, armpits, and groin
- Body



ABCs of Bleeding Control

A. Alert 911

B. Bleeding

C. Compress - Pressure



ABCs of Bleeding Control

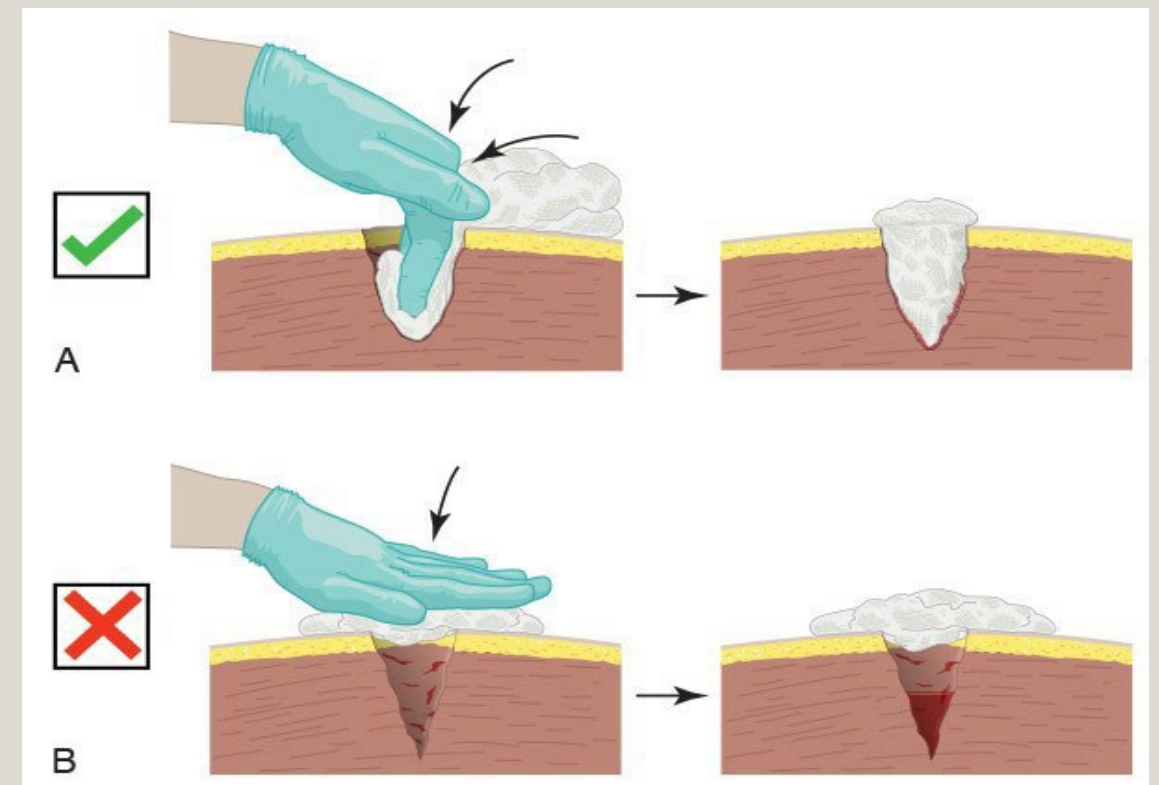
C Compress - Pressure

- Apply direct pressure to wound
- Focus on the location of the **bleeding**
- Use just enough gauze or cloth to cover injury
- If pressure stops the **bleeding**, keep pressure on wound until help arrives

ABCs of Bleeding Control

C Compress - Packing

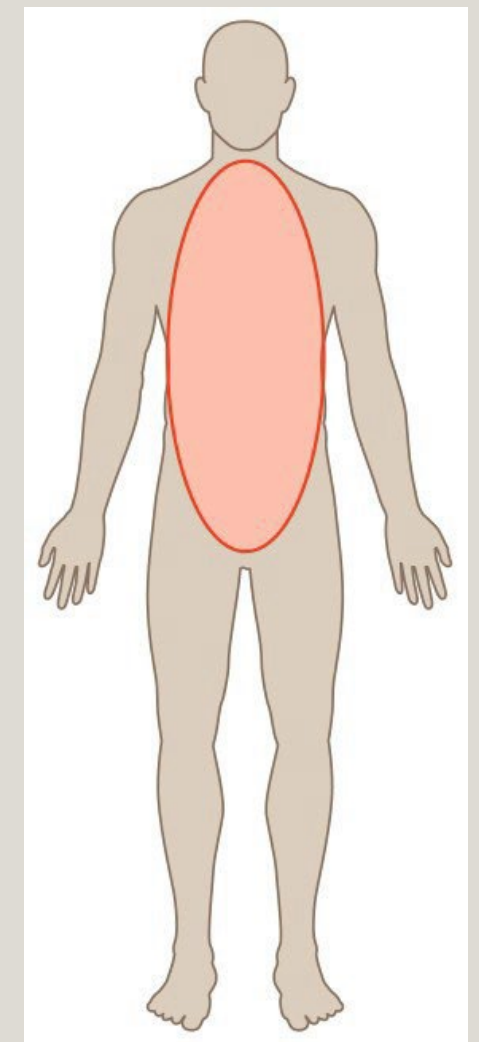
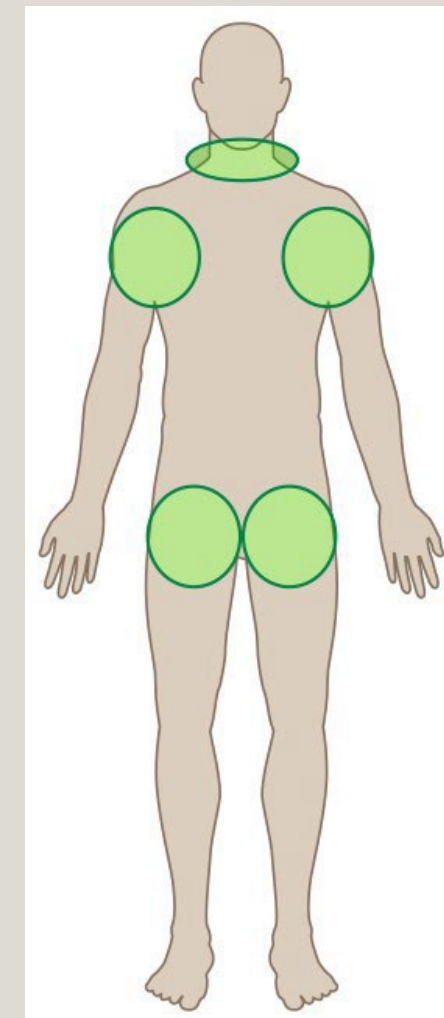
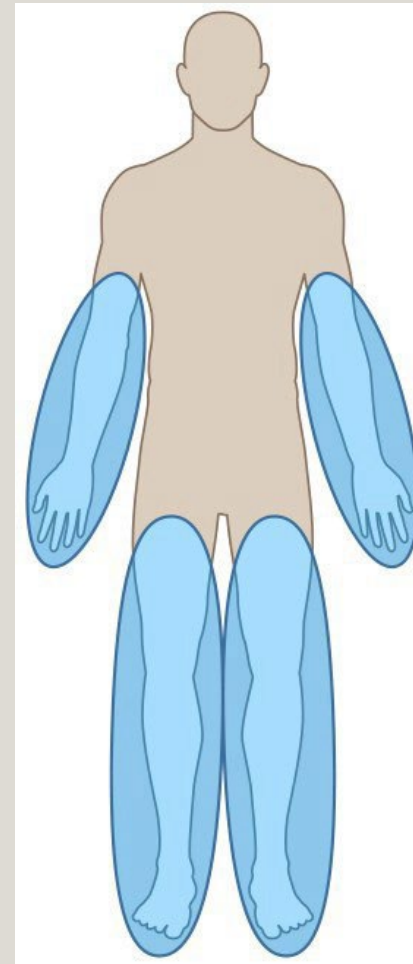
- For large wounds, superficial pressure is not effective
- If **bleeding** is from a deep wound, pack gauze tightly into the wound until it stops the **bleeding**; hold pressure until help arrives



ABCs of Bleeding Control

C Compress - Packing

- Arms and legs
- Neck, armpits, and groin
- Body



ABCs of Bleeding Control

C Compress - Tourniquet

- Apply 2 to 3 inches above wound
- Do not place over the elbow or knee
- Tighten tourniquet until **bleeding** stops
- Do NOT remove the tourniquet

ABCs of Bleeding Control

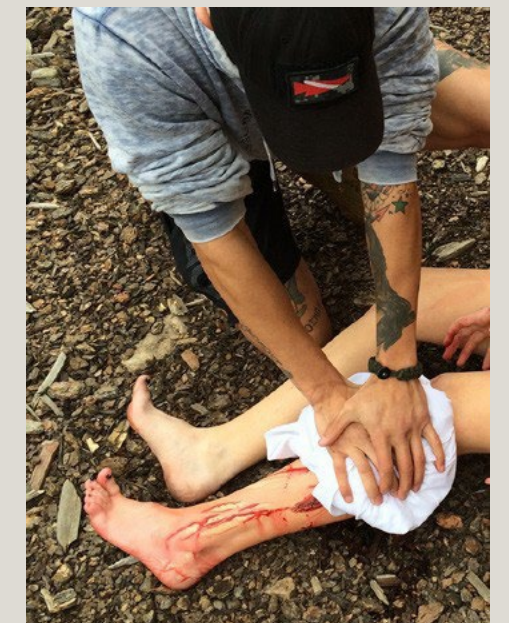
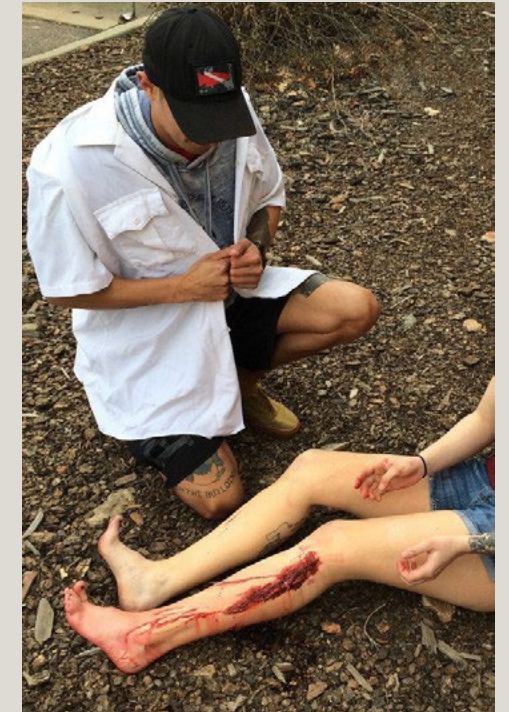
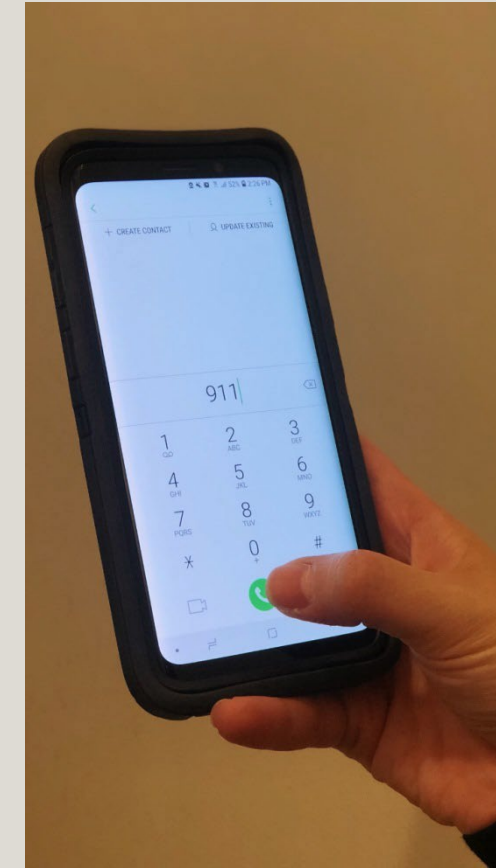


Bleeding control in children

- **In all but the extremely young child, the same tourniquet used for adults can be used in children.**
- **For the infant or very small child (tourniquet too big), direct pressure on the wound as described previously will work in virtually all cases.**
- **For large, deep wounds, wound packing can be performed in children just as in adults using the same technique as described previously.**

Summary

- ✓ **Personal safety**
- A Alert 911**
- B. Find **bleeding****
- C. Compress with pressure and/or packing**
- C Compress with a tourniquet**
- ✓ **Wait for help to arrive**



For more information:

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