

Restraint Use (Seat Belt and Child Passenger Seat) Survey

Final Report 670

Prepared by:

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Prepared for:

Arizona Department of Transportation 206 South 17th Avenue Phoenix, Arizona 85007 in cooperation with the U.S. Department of Transportation Federal Highway Administration

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16. Abstract

In Arizona, lack of restraint usage (seat belts and child passenger seats) was a contributing factor to an average of 687 fatalities per year which is nearly 60% of total fatalities. These tragic statistics could be dramatically decreased if effective strategies and educational messages encouraged more people to buckle up. Due to the great opportunity to save lives, increasing restraint usage has been identified as one of five key emphasis areas of Arizona's Strategic Highway Safety Plan.

Arizona has seen a restraint usage rate of approximately 80% for the last several years as reported

Arizona has seen a restraint usage rate of approximately 80% for the last several years as reported through the annual National Occupant Protection Use Survey (NOPUS). Although there is a good understanding of the reported seat belt usage, there is not a good understanding of who is not using seatbelts and why. To develop effective strategies and education messages to improve seat belt usage, there needs to be a better understanding of these factors.

The objectives of this research were to 1) conduct a survey to identify why (or why not) people in Arizona use seatbelts and 2) develop criteria and provide recommendations on the most effective means to get drivers to buckle up.

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LIST OF ACRONYMS

ADOT Arizona Department of Transportation

BRC Behavior Research Center

EPSEM Equal Probability Selection Method
GHSA Governors' Highway Safety Association
GOHS Governor's Office of Highway Safety

NHTSA National Highway Traffic Safety Administration NOPUS National Occupant Protection Use Survey

RDD Random Digital Dial

TAC Technical Advisory Committee

EXECUTIVE SUMMARY

This study was commissioned by the Arizona Department of Transportation's Transportation Research Center for the purpose of gaining a better understanding of why some Arizona drivers do not wear seat belts. The information contained in this study is based on 600 in-depth telephone interviews conducted with Arizona drivers between October 22 and November 9, 2008.

The key findings of this research can be summarized as follows:

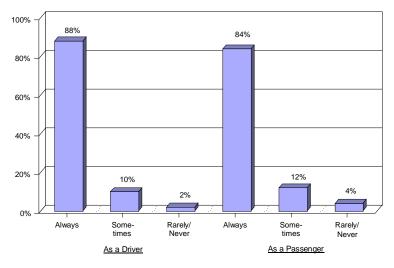
REASONS FOR NOT WEARING SEAT BELTS: Based on a variety of questions asked during this effort, it appears that above and beyond personal choice, the primary reasons for not wearing seat belts are...

- BASIC LAZINESS ON THE PART OF THE DRIVERS AND PASSENGERS.
- A BELIEF THAT SEAT BELTS ARE NOT NECESSARY ON SHORT TRIPS.
- A FEELING THAT SEAT BELTS ARE UNCOMFORTABLE.

These reasons closely mirror those reported nationally in the National Highway Traffic Safety Administration's 2007 Motor Vehicle Occupant Safety Survey.

SEAT BELT UTILIZATION: Figure 1 shows that 88% of Arizona drivers report that they "always" wear a seat belt when they are the driver of a passenger vehicle, while 10% indicate they "sometimes" wear a seat belt and 2% indicate they "never" wear a seat belt. The 88% "always" reading recorded in this study is somewhat higher than the 81% driver seat belt use reading recorded in the 2008 Arizona Seat Belt/Motorcycle Helmet/Child Restraint Use Survey. This annual observational survey, which consists of 14,000 to 15,000 direct observations of Arizona drivers at 127 sites in six counties, is conducted for the Governor's Office of Highway Safety and is considered the benchmark on seat belt use.





Those drivers who are most likely to <u>not "always"</u> wear a seat belt are Hispanics (21%), rural residents (20%), less-educated drivers (18%), males (17%) and younger drivers (16%). However, due to the sample sizes only the readings for rural residents and males can be said to be statistically significant. Thus, this research can not be said to reveal cultural differences in seat belt use by drivers.

Seat belt usage by drivers when they ride as passengers is similar although slightly lower that the 88% figure recorded when they are the drivers, with 84% indicating they "always" wear a seat belt when they ride as a passenger.

SEAT BELT USE PATTERNS WHEN CHILDREN ARE IN THE VEHICLE: Figure 2 shows 97% of drivers reveal that they always "require" that their passengers <u>under five</u> years old be restrained while 91% "always" require that their passengers from ages <u>five to nine</u> be restrained.

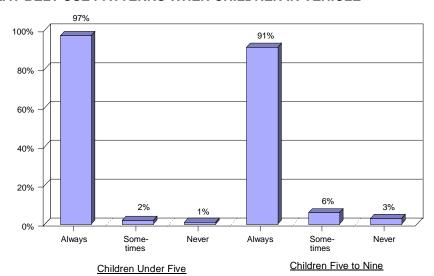


FIGURE 2. SEAT BELT USE PATTERNS WHEN CHILDREN IN VEHICLE

AWARENESS OF CURRENT SEAT BELT LAW: Figure 3 shows 81% of drivers believe Arizona has a law that requires <u>all</u> passengers to wear a seat belt, while 10% are not sure. Nine percent of drivers say the state does not have a law.

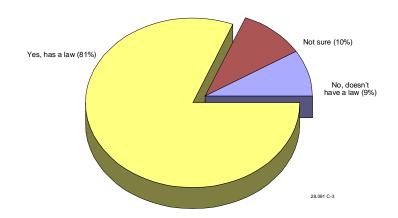
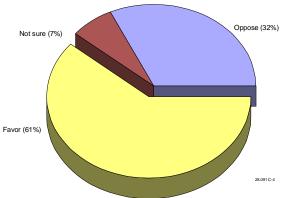


FIGURE 3. AWARENESS OF CURRENT SEAT BELT LAW

2

Position on Strengthening Seat Belt Law: As shown in Figure 4, a majority of Arizona drivers (61%) favor changing the state's seat belt law to allow peace officers to stop vehicles and issue citations to drivers simply for not wearing a seat belt, while 32% oppose such a change and 7% are unsure. The data also reveals that 66% of drivers think an expanded law would be effective in encouraging more people to wear seat belts, while 64% do not believe an expanded law would lead to racial profiling.

FIGURE 4. POSITION ON STRENGTHING SEAT BELT LAW



MISCELLANEOUS ATTITUDES ABOUT SEAT BELT USE: The final information generated in this study reveals that:

- Three out of four drivers (73%) think more police officers writing tickets for non-use of seat belts would encourage more use.
- Two out of three drivers (66%) think television and radio ads encouraging seat belt use would result in more use.

RECOMMENDATIONS

Based on the information generated in this research and the fact that a primary objective of this effort was to provide recommendations on the most effective means to get drivers to buckle up, the Behavior Research Center offers the following comments:

Enact a primary seat belt law in Arizona. The number one step that could be taken to increase seat belt use in Arizona is for the state to become a Primary Enforcement Seat Belt Law state. While this process is difficult and can be costly, the National Highway Traffic Safety Administration's annual National Occupant Protection Use Survey reveals that seat belt use in primary law states greatly exceeds use in secondary law states such as Arizona – 88% vs. 75% in 2008. This research shows that support for Arizona becoming a primary law state is strong with 61% favoring a change to a primary law state and only 32% opposing.

Educate Arizona residents on the importance of seat belt use. Going hand in hand with stricter enforcement, which would be possible as a primary law state, is the need to incorporate these survey results into developing educational and marketing strategies that will increase the restraint use by Arizonans.. Both earned media and paid media campaigns such as "Click It or Ticket" should be utilized in this effort, which needs to be targeted at those population groups that reveal the greatest propensity to <u>not wear seat</u> belts: rural drivers, males, Hispanics, less educated drivers, and young drivers.

INTRODUCTION

This study was commissioned by the Arizona Department of Transportation's Transportation Research Center for the purpose of gaining a better understanding of why some Arizona drivers do not wear seat belts. More specifically, this project addressed the following issues:

- Reasons for not wearing seat belts
- Seat belt utilization
- Seat belt use patterns when children are in the vehicle
- Awareness of current seat belt laws
- Position on strengthening seat belt laws
- Miscellaneous attitudes about seat belt use

The information contained in this report is based on 600 in-depth interviews conducted with a wide cross-section of Arizona drivers. All of the interviewing on this project was conducted via telephone by professional interviewers of the Behavior Research Center (BRC) between October 22 and November 9, 2008. For a detailed explanation of the procedures followed during this project, please refer to the Methodology section.

The BRC has presented all of the data germane to the basic research objectives of this project. Several tables were generated that provide a summary of the survey results, expressed primarily in percent of responses, for a particular question or set of questions. For each table, the survey question is cited along with the specific question number from the actual survey, which is located in the Appendix

METHODOLOGY

The information contained in this report was gathered from in-depth telephone interviews with 600 Arizona drivers. A sample of this size was used because it provides a good representation of Arizona's over four million licensed drivers and allows for meaningful analysis by key demographic subgroups (gender, age, area, etc.) Further, a disproportionate, stratified sample was used on this project to generate sampling errors of not more than +/- 5.8 percent at a 95 percent confidence level for urban and rural drivers.

In Table 1 the "Proportionate Driver Sample" shows the number of samples of urban and rural drivers that would have represented these proportions in a sample size of 600, along with their associated margin of error. To keep the margin of error consistent among sampling areas, 300 samples were used for both the urban and rural populations as shown in the "Disproportionate Driver Sample" columns. Consequently, the final survey results were weighted to account for the percent of rural and urban drivers in the state shown in Table 2.

Households were selected for survey from a computer-generated pure unweighted equal probability selection method (EPSEM) random digit dial (RDD) telephone sample which selects households on the basis of telephone prefix. This ensured that unlisted and newly listed telephone numbers were included in the sample. A pre-identification screening process was also used. This computer procedure screens the sample to

TABLE 1: GEOGRAPHIC SAMPLING AREAS - PROPORTIONATE/DISPROPORTIONATE

_	PROPORTIONATE <u>DRIVER SAMPLE</u>			DISPROPORTIONATE <u>DRIVER SAMPLE</u>	
GEOGRAPHIC SAMPLING AREA	Number	<u>+/- M.E.*</u>	NUMBER	+/- M.E.*	
Urban Arizona (Maricopa, Pima Counties)	453	4.7%	300	5.8%	
Rural Arizona (Remainder of State)	147	8.2%	300	5.8%	
TOTAL	600	4.1%	600	4.1%	

^{*}M.E. denotes margin of error

remove known business and commercial telephone prefixes, in addition to disconnects, faxes, and computers. This process is largely successful in limiting contacts to residential telephones.

A most recent birthday technique was used to select respondents. The interviews were conducted with the licensed driver in the household 16 years or over with the most recent birthday. This selection method has been demonstrated to be technically superior to other selection methods.

This survey employed a multi-stage sampling process. The first step stratified the subarea samples according to the current population residing in each area. Telephone households were then selected within those areas using the RDD methodology. A probability sample developed in this manner samples proportionately relative to an area's distribution of the population. This strengthens the ability of the sample to be compared with census data and other demographic information.

The questionnaire utilized on this study was designed by BRC in consultation with the project's Technical Advisory Committee (TAC). After BRC had designed the study questionnaire, it was submitted to the TAC for review and preliminary approval. Upon preliminary approval of the questionnaire, it was translated into Spanish and both the English and Spanish versions were pre-tested with respondents from the sample universe. The pre-test focused on the value and understandability of the questions, adequacy of response categories, questions for which explanations might be required, and the like. Following this process, no changes were made in the questionnaire and it received final TAC approval.

The interviews for this project were conducted between October 22 and November 9, 2008, at the BRC's computer-assisted telephone interviewing facility, where each interviewer worked under the direct supervision of BRC supervisory personnel. All of the interviewers who worked on this project were professional interviewers of the center. Each had prior experience with BRC and received a thorough briefing on the particulars of this study. During the briefing, the interviewers were trained on (a) the purpose of the study, (b) sampling procedures, (c) administration of the questionnaire, and (d) other project-related factors. In addition, each interviewer completed a set of practice interviews to ensure that all procedures were understood and followed.

Interviewing for this study was done during an approximately equal cross-section of late afternoon, evening, and weekend hours. This procedure was followed to further ensure that all drivers were equally represented, regardless of work schedules. Further, during the interviewing segment of this study, up to five separate attempts — on different days and during different times of day — were made to contact each selected driver. Only after five unsuccessful attempts was a selected driver substituted in the sample. Using this methodology, the full sample was completed. Partially completed interviews were not accepted nor counted toward fulfillment of the total sample quotas. Twenty-eight interviews were conducted in Spanish during this project.

One hundred percent of the completed interviews were edited and any containing errors of administration were pulled, the respondent re-called, and the errors corrected. In addition, 15 percent of each interviewer's work was randomly selected for validation to ensure its authenticity and correctness. No problems were encountered during the phase of interviewing quality control.

As the data collection segment of this study was undertaken, completed and validated interviews were turned over to BRC's in-house Coding Department. Upon completion of coding, a series of validity and logic checks were run on the data to ensure it was "clean" and representative of the sample universe. Following this procedure, the study data was "weighted" prior to generating any detailed tables. This process was necessary to make the final sample geographically representative of the study universe. In other words, the sample data was weighted in proportion to Arizona's population where approximately 75.5% of the residents live in urban areas and 24.5% in rural areas as shown in Table 2.

TABLE 2: GEOGRAPHIC SAMPLING AREAS – WEIGHTED/UNWEIGHTED

GEOGRAPHIC SAMPLING AREA	UNWEIGHTED	WEIGHTED
Urban Arizona (Maricopa, Pima Counties)	50.0%	75.5%
Rural Arizona (Remainder of State)	50.0%	24.5%
	100.0%	100.0%

All surveys are subject to sampling error. Sampling error, stated simply, is the difference between the results obtained from a sample and those which would be obtained by surveying the entire population under consideration. The size of sampling error varies to some extent with the number of interviews completed and with the division of opinion on a particular question.

An estimate of the sampling error range for this study is provided in the following table. The sampling error presented in the table has been calculated at the confidence level most frequently used by social scientists, the 95% level. The sampling error figures shown in the table are average figures that represent the maximum error for the sample bases shown (i.e., for the survey findings where the division of opinion is approximately 50% / 50%). Survey findings that show a more one-sided distribution of opinion, such as 70% / 30% or 90% / 10%, are usually subject to slightly lower sampling tolerances than those shown in the table.

As may be seen in Table 3, the overall sampling error for this study is approximately ±4.1 percent for the total state and ±5.8 percent within each geographic area when the samples are studied in total (i.e., all 600 cases or in all 300 cases). However, when subsets of the total samples are studied, the amount of sampling error increases based on the sample size within the subset.

TABLE 3: SAMPLING ERROR AT 95% CONFIDENCE LEVEL

Sample Size	Approximate Sampling Error At A 95% Confidence Level (Plus/Minus Percentage Of Sampling Tolerance)
600	4.1%
500	4.5%
400	5.0%
300	5.8%
200	7.1%

The profile of the 600 Arizona drivers that participated in this survey is shown in Table 4.

TABLE 4: SAMPLE PROFILE OF DRIVERS

GENDER (%)		EDUCATION (%)	
Male	50	High school or less	28
Female	<u>50</u>	Some college	26
	100%	College degree	44
		Refused	2
			100%
ETHNICITY (%)		AGE (%)	
Caucasian/White	73	Under 25	8
Hispanic	14	25 to 34	28
Native American	5	35 to 49	26
African-American	3	50 to 64	21
Asian	2	65 or over	<u>17</u>
Mixed	1		100%
Refused	<u>3</u>		
	101%*		

^{*} Total exceeds 100% due to rounding.

SUMMARY OF THE FINDINGS

The appendix is a copy of the survey instrument.. This section summarizes the survey results.

REASONS FOR NOT WEARING SEAT BELTS

The main top-of-the-mind reason drivers give that they do <u>not always</u> wear a seat belt is laziness, with a reading of 36% as shown in Table 5A. Also receiving noteworthy responses are the belief that a belt is not necessary on short drives (17%) and personal choice (15%).

TABLE 5A: TOP-OF-THE-MIND REASONS FOR NOT WEARING SEAT BELTS - SELF

"You indicate that <u>you do not always</u> wear a seat belt when you drive or ride as a passenger in a passenger vehicle. Why is that?"

	Total
	(%)
Forgetful, lazy	36
Depends on distance driving, amount of traffic	17
Personal choice, that's what I choose to do, don't like	
being told what to do	15
Don't use when I'm passenger	11
Seat belts uncomfortable	8
Habit, used to not wearing	7
Irresponsible, stupid	5
Fear being trapped in car	5
Feel confined	4
Disabled, difficult to put on	4
Miscellaneous	2
Not sure	5

Number of respondents = 118

Totals exceed 100% due to multiple responses.

Reference: Survey question 4, asked of respondents who did not answer "always" to questions 1A & 1B.

The main reasons drivers say others do not wear a seat belt are that they are irresponsible/stupid (39%) or lazy (25%) as shown in Table 5B.

TABLE 5B: TOP-OF-THE-MIND REASONS FOR NOT WEARING SEAT BELTS - OTHERS "You indicate that <u>you always wear</u> a seat belt when you drive or ride as a passenger in a passenger vehicle. Why do you feel that some <u>others choose not to</u>?"

	Total (%)
Irresponsible, stupid	39
Forgetful, lazy	25
Seat belts uncomfortable	14
Personal choice, that's what they	
chose to do, don't like being told	
what to do	11
Habit, used to not wearing	6
Feel confined	3
Fear being trapped in car	3
Uninformed	3
Wrinkle clothes	2
Depends on distance driving,	
amount of traffic	1
Disabled, difficult to put on	1
No kids in car	1
Miscellaneous	1
Not sure	15

Number of respondents = 482

Totals exceed 100% due to multiple responses.

Reference: Survey question 2, asked of respondents who answered "always" to questions 1A & 1B.

In a follow-up question, the 118 drivers who <u>do not always</u> wear seat belts were asked to indicate if they felt each of nine specific reasons were major, minor, or not reasons, that they personally do not always wear belts. In Table 6A we find that personal choice receives the highest major reading of 55%, followed by forgetfulness at 45%. Also receiving major readings among more than one out of four drivers are:

- Seat belts are uncomfortable (35%);
- Seat belts are just as likely to harm you as help you (26%);
- Seat belts are not needed if not driving very far (26%).

TABLE 6A: REASONS PERSONALLY DO NOT WEAR SEAT BELTS (AMONG THOSE WHO DO NOT ALWAYS WEAR SEAT BELTS)

"As we have been talking to Arizona drivers, they have mentioned a number of reasons why they do not always choose to wear a seat belt. As I read each one, please just tell me if it is a major reason, a minor reason, or not a reason you do not wear seat belts."

			Not a	Not
	Major	Minor	Reason	Sure
_	(%)	(%)	(%)	(%)
Personal choice	55	24	20	1
I sometimes simply forget to put it on	45	32	23	0
Seat belts are uncomfortable	35	21	43	1
Seat belts are just as likely to harm you as help you	26	28	43	3
I feel it is not needed if I'm not driving very far	26	23	49	2
Police in my community do not bother to write				
tickets for seat belt violations	18	32	41	9
My vehicle is equipped with airbags	18	29	48	5
I feel it is not needed if traffic is light	16	39	41	4
I don't want to wrinkle my clothes	11	22	64	3

Number of respondents = 118 Reference: Survey question 5

The data also reveals that urban and rural drivers offer very similar readings on the factor "police in my community do not bother to write tickets for seat belt violations" (urban: major = 17%, minor = 35%; rural: major = 20%, minor = 28%).

When drivers are asked why they feel other people choose not to wear seat belts, most of the same key factors mentioned in Table 6A are shown in Table 6B.

TABLE 6B: REASONS OTHERS DO NOT WEAR SEAT BELTS (REASONS AMONG THOSE WHO ALWAYS WEAR SEAT BELTS)

"As we have been talking to Arizona drivers, they have mentioned a number of reasons why they feel some people choose not to wear a seat belt. As I read each one, please just tell me if you feel it is a major reason, a minor reason, or not a reason people do not wear seat belts."

			Not a	Not
	Major	Minor	Reason	Sure
_	(%)	(%)	(%)	(%)
Personal choice	55%	17%	24%	4%
People feel they are not needed if you're not driving				
very far	41	21	36	2
People sometimes simply forget to put them on	38	30	29	3
Seat belts are uncomfortable	33	29	35	3
Police in my community do not bother to write				
tickets for seat belt violations	26	26	38	10
People feel they are not needed if traffic is light	25	27	45	3
The vehicle is equipped with airbags	22	32	41	5
Seat belts are just as likely to harm you as help you	20	34	43	3
People don't want to wrinkle their clothes	17	35	45	3

Number of respondents = 482 Reference: Survey question 3

SEAT BELT UTILIZATION

As shown in Table 7A, 88% of Arizona drivers indicate they "always" wear a seat belt when they are the driver of a passenger vehicle, while ten percent indicate they "sometimes" wear a seat belt and two percent indicate they never wear a seat belt. Those drivers who are most likely to not "always" wear a seat belt are Hispanics (21%), rural residents (20%) less-educated drivers (18%), males (17%) and younger drivers (16%). The readings for these five subgroups indicate they are less likely than others to wear a seat belt. However, due to the sample sizes only the readings for rural residents and males can be said to be statistically significant. Thus, this research can not be said to reveal cultural differences in seat belt use by drivers.

The response patterns for seat belt usage when drivers ride as passengers are similar to, although slightly lower than, those for when they are the driver. Thus we find in Table 7B that 84% of Arizona drivers "always" wear a seat belt when they ride as a passenger.

TABLE 7A: SEAT BELT UTILIZATION AS A DRIVER

"Do you always, sometimes, or never wear a seat belt in a passenger vehicle such as a car, truck, SUV, or van when you are the driver?"

	Always (%)	Sometimes (%)	Never (%)
TOTAL	88	10	2
AREA Urban Rural	91 80	7 18	2 2
GENDER Male Female	83 93	14 6	3 1
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	84 84 92 88 92	15 14 6 9 7	1 2 2 3 1
ETHNICITY White Hispanic African-American Native American Asian	89 79 82 90 100	9 16 18 10 0	2 5 0 0
Education High school or less Some college College graduate	82 87 93	15 12 6	3 1 1

Number of respondents = 600 Reference: Survey question 1A

TABLE 7B: SEAT BELT UTILIZATION AS A PASSENGER

"Do you always, sometimes, or never wear a seat belt in a passenger vehicle such as a car, truck, SUV, or van when you ride as a passenger?"

	Λίνωνο	Comotimos	Never
	Always (%)	Sometimes (%)	(%)
TOTAL	84	12	4
AREA Urban Rural	87 76	10 19	3 5
GENDER Male Female	81 88	15 9	4 3
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	70 82 89 83	28 13 8 13 9	2 5 3 4 2
ETHNICITY White Hispanic African-American Native American Asian	86 72 91 79 100	12 16 9 20 0	2 12 0 1 0
EDUCATION High school or less Some college College graduate	75 82 91	18 14 8	7 4 1

Number of respondents = 600 Reference: Survey question 1B The data also reveal that 79% of drivers "always" insist that all passengers in their vehicle wear a seat belt. In Table 8, males (72%), Hispanics (74%) and rural residents (74%) reveal particularly low "always" readings.

TABLE 8: REQUIRE ALL PASSENGERS TO WEAR SEAT BELT

"When you are the driver of a passenger vehicle, do you always, sometimes, or never insist that all passengers in your vehicle wear their safety belts?"

	Always (%)	Sometimes (%)	Never (%)
TOTAL	79	15	6
AREA Urban Rural	81 74	14 18	5 8
GENDER Male Female	72 86	19 11	9 3
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	80 78 77 83 79	12 17 17 13 13	8 5 6 4 8
ETHNICITY White Hispanic African-American Native American Asian	79 74 100 85 84	15 18 0 8 16	6 8 0 7 0
EDUCATION High school or less Some college College graduate	77 81 79	16 16 14	7 3 7

Number of respondents = 600 Reference: Survey question 1a By far, safety, with a reading of 87%, is mentioned as the primary reason drivers "always" insist that passengers wear seat belts as shown in Table 9. On the other hand, "personal choice" is offered as the primary reason drivers do not always insist that passengers wear seat belts.

TABLE 9: REASONS INSIST/DO NOT INSIST PASSENGERS WEAR SEAT BELTS

"Why is that?"

	Always Insist ¹ (%)	Do Not Always Insist ² (%)
Cototy	87	13
Safety It's the law – don't want a ticket	22	3
Insurance reasons	3	0
Habit – have always worn	3	2
Car beeps if belts not on	1	0
Personal choice, they can make their own decision	0	45
Depends if children or adults	0	13
Depends in children of addits Depends on distance driving, amount of traffic	0	7
Forget to look/ask to put on	0	5
Not needed if in back seat	0	5
Fear of being trapped	0	2
Not sure	1	9
NOT SUITE	1	9

Reference: Survey question 1a

¹ Number of drivers = 474 that always insist

² Number of drivers = 126 that sometimes or never insist

Totals exceed 100% due to multiple responses.

SEAT BELT USE PATTERNS WHEN CHILDREN IN VEHICLE

When drivers are asked if they insist that children be restrained in vehicles they are driving, we find that 97% "always" require that children <u>under age five</u> be restrained, as shown in Table 10, while 91% "always" require that those ages <u>five to nine</u> be restrained as shown in Table 11. These readings are consistent across population subgroups.

TABLE 10: REQUIRE CHILDREN UNDER AGE FIVE TO BE RESTRAINED

"When you are the driver of a passenger vehicle that has a <u>child under the age of five</u> in the vehicle, either in the front seat or rear seat, do you always, sometimes, or never insist that they are restrained in a passenger restraint device?"

	Always (%)	Sometimes (%)	Never (%)
TOTAL	97	2	1
<u>AREA</u> Urban Rural	98 93	1 5	1 2
GENDER Male Female	96 97	2 2	2 1
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	100 98 98 94 94	0 1 1 5 0	0 1 1 1 6
ETHNICITY White Hispanic African-American Native American Asian	97 92 100 100	2 4 0 0 0	1 4 0 0 0
EDUCATION High school or less Some college College graduate	93 98 98	5 0 1	2 2 1

^{*}Number of respondents = 439 Reference: Survey question 1b

^{*}Excludes those drivers who indicate they never have passengers under age five.

TABLE 11: REQUIRE CHILDREN AGES FIVE TO NINE TO BE RESTRAINED

"When you are the driver of a passenger vehicle that has a <u>child five to nine</u> in the vehicle, either in the front seat or rear seat, do you always, sometimes, or never insist that they are restrained in a passenger restraint device?"

	Always (%)	Sometimes (%)	Never (%)
TOTAL	91	6	3
AREA Urban Rural	91 91	6 7	3. 2
GENDER Male Female	89 93	7 5	4 2
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	100 90 86 93 99	0 7 10 5 0	0 3 4 2 1
ETHNICITY White Hispanic African-American Native American Asian	91 88 100 96 100	6 8 0 4 0	3 4 0 0
EDUCATION High school or less Some college College graduate	93 91 90	6 5 7	1 4 3

^{*}Number of respondents = 401 Reference: Survey question 1C

^{*}Excludes those drivers who indicate they never have passengers ages five to nine.

The most common restraints drivers use with children five to nine years old are seat belts (42%), followed by booster seats (33%) and child car seats (25%) as shown in Table 12.

TABLE 12: TYPE OF RESTRAINTS CHILDREN AGES FIVE TO NINE REQUIRED TO WEAR (AMONG THOSE WHO ALWAYS/SOMETIMES REQUIRE 5 TO 9 YEAR-OLDS TO USE)

"Is that restraint in a regular vehicle seat belt or in a booster or child car seat?"

	Seat Belt (%)	Booster (%)	Child Car Seat (%)
TOTAL	42	33	25
AREA Urban Rural	44 38	32 36	24 26
GENDER Male Female	38 45	30 36	24 19
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	20 42 43 45 49	48 33 34 27 34	32 25 23 28 17
ETHNICITY White Hispanic African-American Native American Asian	40 50 46 47 0	36 27 38 19 32	24 23 16 34 68
EDUCATION High school or less Some college College graduate	40 45 41	29 38 33	31 17 26

Number of respondents = 390 Reference: Survey question 1c1

AWARENESS OF CURRENT SEAT BELT LAW

Table 13 shows that 81% of drivers believe Arizona has a law that requires all passengers to wear a seat belt, while 10% are not sure. Nine percent of drivers say the state does not have a law. The percentage of drivers who believe the state has a law is consistent across population subgroups.

TABLE 13: AWARENESS OF CURRENT ARIZONA SEAT BELT LAW

"Next, to the best of your knowledge, does the state of Arizona have a law which requires all passengers to wear a seat belt?"

<u>Total</u>	Yes, Has a Law (%) 81	No, Doesn't Have a Law (%)	Not Sure (%)
AREA Urban Rural	80 83	9 10	11 7
GENDER Male Female	80 81	10 8	10 11
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	81 78 82 83 81	5 15 10 7 3	14 7 8 10 16
ETHNICITY White Hispanic African-American Native American Asian	82 78 71 90 68	9 11 9 0 32	9 11 20 10 0
EDUCATION High school or less Some college College graduate	79 83 81	12 6 10	9 11 9

Number of respondents = 600 Reference: Survey question 6

Position on Strengthening Seat Belt Law

Table 14 shows that 61% of Arizona drivers favor changing the state's seat belt law to allow peace officers to stop vehicles and issue citations to drivers simply for not wearing a seat belt, while 32% oppose such a change and 7% are unsure. A majority of all population subgroups favor the change. Note, however, that female drivers reveal far more support for the law than do male drivers – 69% vs. 53%, respectively.

TABLE 14: POSITION ON STRENGTHENING CURRENT SEAT BELT LAW

"Under the current Arizona seat belt law, a peace officer can only issue a citation to a vehicle driver for not wearing a seat belt when the driver is stopped for some other motor vehicle violation. There has been some discussion lately about changing this law to allow peace officers to stop vehicles and issue citations to drivers simply for not wearing a seat belt. Do you favor or oppose this change in the law?"

	Favor (%)	Oppose (%)	Not Sure (%)
TOTAL	61	32	7
AREA Urban Rural	62 58	31 34	7 8
GENDER Male Female	53 69	39 24	8 7
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	66 66 56 56 64	29 27 36 40 23	5 7 8 4 13
ETHNICITY White Hispanic African-American Native American Asian	61 59 62 59 84	33 32 29 28 16	6 9 9 13 0
EDUCATION High school or less Some college College graduate	59 61 62	36 27 32	5 12 6
Aware of Current Law Yes – has law No – doesn't have law	63 51	30 47	7 2

Number of respondents = 600 Reference: Survey question 7 In two related questions, drivers were asked to reveal their thoughts on the impact of an expanded seat belt law. Here we find the following:

Two out of three drivers (66%) think an expanded law would be effective in encouraging more people to wear seat belts. Response to this question is consistent across population subgroups (Table 15).

Sixty-four percent of drivers do not believe an expanded law would lead to racial profiling. Response to this question varies greatly by ethnicity with non-white drivers far more likely than white drivers to believe the law would lead to racial profiling. Thus, while only 22% of white drivers feel such a law would lead to racial profiling, 46% of Hispanic, 37% of African-American, 51% of Native American, and 31% of Asian drivers feel an expanded law would lead to racial profiling (Table 16).

TABLE 15: ATTITUDE ABOUT WHETHER EXPANDED SEAT BELT LAW WOULD BE EFFECTIVE

"Do you think such a law would be effective or not effective in encouraging more people to wear seat belts?"

Total	Effective (%) 66	Not Effective (%) 28	Not Sure (%)
AREA Urban Rural	67 63	27 30	6 7
GENDER Male Female	63 69	31 24	6 7
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	63 70 69 60 63	36 25 26 32 25	1 5 5 8 12
ETHNICITY White Hispanic African-American Native American Asian	65 67 88 66 100	29 31 9 28 0	6 2 3 6 0
EDUCATION High school or less Some college College graduate	64 71 66	29 24 28	7 5 6

Number of respondents = 600 Reference: Survey question 7a

TABLE 16: ATTITUDE ABOUT WHETHER EXPANDED SEAT BELT LAW WOULD LEAD TO RACIAL PROFILING

"Do you think such a law would lead to racial profiling by peace officers?"

	Yes (%)	No (%)	Not Sure (%)
TOTAL	27	64	9
AREA Urban Rural	28 24	63 67	9 9
GENDER Male Female	30 25	61 67	9 8
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	32 37 28 26 12	57 57 63 65 77	11 6 9 9
ETHNICITY White Hispanic African-American Native American Asian	22 46 37 51 31	70 45 46 41 53	8 9 17 8 16
EDUCATION High school or less Some college College graduate	33 30 23	57 64 68	10 6 9

Number of respondents = 600 Reference: Survey question 7b

MISCELLANEOUS ATTITUDES ABOUT SEAT BELT USE

Drivers were asked to respond to two statements about seat belt use. This line of questioning reveals the following:

Three out of four drivers (73%) think that having police officers write more tickets for non-use of seat belts would encourage more use. This attitude is relatively consistent across population subgroups (Table 17).

Two out of three drivers (66%) think television and radio ads encouraging seat belt use would result in more use. This attitude is relatively consistent across population subgroups (Table 18).

TABLE 17: ATTITUDE ABOUT WHETHER MORE TICKETS FOR NON-USE WOULD ENCOURAGE MORE SEAT BELT USE

"Do you think more police officers writing tickets for non-use would encourage more seat belt use?"

	Yes (%)	No (%)	Not Sure (%)
TOTAL	73	21	6
AREA Urban Rural	73 72	21 21	6 7
GENDER Male Female	71 74	22 21	7 5
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	69 73 75 67 76	28 23 21 23 14	3 4 4 10 10
ETHNICITY White Hispanic African-American Native American Asian	74 68 80 81 84	21 22 11 19 16	5 10 9 0
EDUCATION High school or less Some college College graduate	69 77 74	22 21 20	9 2 6

Number of respondents = 600 Reference: Survey question 7c

TABLE 18: ATTITUDE ABOUT WHETHER MEDIA ADS ENCOURAGE SEAT BELT USE

"Do you think television and radio ads encouraging seat belt use result in more usage?"

	Yes (%)	No (%)	Not Sure (%)
TOTAL	66	27	7
AREA Urban Rural	67 61	26 31	7 8
GENDER Male Female	64 67	28 27	8 6
AGE Under 25 25 to 34 35 to 49 50 to 64 65 or older	66 62 69 65 67	32 28 26 30 21	2 10 5 5 12
ETHNICITY White Hispanic African-American Native American Asian	63 75 69 72 84	29 17 31 23 16	8 8 0 5
EDUCATION High school or less Some college College graduate	61 72 65	29 24 27	10 4 8

Number of respondents = 600 Reference: Survey question 7d

CONCLUSIONS

Based on the information generated in this research and the fact that a primary objective of this effort was to provide recommendations on the most effective means to get drivers to buckle up, the Behavior Research Center offers the following comments:

Enact a primary seat belt law in Arizona. The number one step that could be taken to increase seat belt use in Arizona is for the state to become a Primary Enforcement Seat Belt Law state. While this process is difficult and can be costly, the National Highway Traffic Safety Administration's annual National Occupant Protection Use Survey reveals that seat belt use in primary law states greatly exceeds use in secondary law states such as Arizona – 88% vs. 75% in 2008. This research shows that support is strong for Arizona becoming a primary law state with 61% favoring a change to being a primary law state and only 32% opposing.

Educate Arizona residents on the importance of seat belt use. Going hand in hand with stricter enforcement, which would be possible as a primary law state, is the need to incorporate these survey results into developing educational and marketing strategies that will increase the restraint use by Arizonans. Both earned media and paid media campaigns such as "Click It or Ticket" should be utilized in this effort, which needs to be targeted at those population groups that reveal the greatest propensity to <u>not wear seat belts</u>: rural drivers, males, Hispanics, less educated drivers, and young drivers.

APPENDIX: RESTRAINT USE SURVEY

OCTOBER 2008

	lo, my name is and I'm with the Behavior Research Center. te of Arizona on driving habits and I would like to speak with someone in y			
A.	In order to select just one person to interview, could I speak to the license driver in your household, 16 or older, who had the most recent birthday?	ed		Male1 Female2
	IF RESPONDENT IS THE PERSON – GO TO QUES IF OTHER PERSON COMES TO PHONE – GO TO QU IF RESPONDENT NOT AVAILABLE – ARRANGE CA IF REFUSE – THANK AND TERMINATE	ESTIC	ON B	
B.	Hello, my name is and I'm with the Behavior Research Cent the state of Arizona on driving habits and I would like to speak with you for			cting a study for
C.	Before we begin, in what year were you born? (RECORD ONE YEAR ON	NLY)	YEAR: /	<u>/ / / /</u>
	To begin, do you always, sometimes, or never wear a seat belt in a passenger vehicle such as a car, truck, SUV, or van in the following situations? (READ EACH)	Some		
	A. When you are the driver1	2	3	Applicable 4
	B. When you ride as a passenger	2	3	4
	1a. When you are the driver of a passenger vehicle, do you always, sometimes, or never insist that all passengers in your vehicle wear their safety belts?			Always1 Sometimes2 Never3
	1a1. Why is that?			
	1b. When you are the driver of a passenger vehicle that has a child under the age of five in the vehicle, either in the front seat or rear seat, do you always, sometimes, or never insist that they are restrained in a passenger restraint device?	Not a	applicable (D	Always1 Sometimes2 Never3 on't have as passengers)4
	1c. And when you are the driver of a passenger vehicle that has a child five to nine in the vehicle, either in the front seat or rear seat, do you always, sometimes, or never insist that they are restrained in a passenger restraint device?	STRUC		Always1 Sometimes2 Never3 ot applicable passengers)4

1c2. Why is that?

(INSTRUCTION B: IF BOTH Q1A and Q1B are 1, GO TO Q2; OTHERWISE GO TO Q4)

2.	You indicate that you always wear a seat belt when you drive or ride as a passenger in
	a passenger vehicle. Why do you feel that some others choose not to?

3.	As we have been talking to Arizona drivers they have mentioned a number of reasons why they feel some people				
	choose not to wear a seat belt. As I read each one, please just			Not a	Not
	tell me if you feel it is a major reason, a minor reason, or not a	Maior	Minor	Reason	Sure
	reason people do not wear seat belts. (ROTATE)				
	A. Seat belts are just as likely to harm you as help you	1	2	3	4
	B. People don't want to wrinkle their clothes	1	2	3	4
	C. Police in my community do not bother to write tickets for seat belt				
	violations	1	2	3	4
	D. People sometimes simply forget to put them on		2	3	4
	E. People feel they are not needed if your not driving very far		2	3	4
	F. Seat belts are uncomfortable		2	3	4
	G People feel they are not needed if traffic is light		2	3	4
	H Their vehicle is equipped with airbags		2	3	4
	I. Personal choice		2	3	4

(GO TO Q6)

4. You indicate that you do not always wear a seat belt when you drive or ride as a passenger in a passenger vehicle, why is that?

5. As we have been talking to Arizona drivers they have
mentioned a number of reasons why they do not always
choose to wear a seat belt. As I read each one, please just
tell me if it is a major reason, a minor reason, or not a reason
you do not always wear a seat belt. (ROTATE)

tell me if it is a major reason, a minor reason, or not a reason	Major	Minor	Reason	Sure
you do not always wear a seat belt. (ROTATE)				
A. Seat belts are just as likely to harm you as help you	1	2	2	1
		2	3	4
B. I don't want to wrinkle my clothes	1	2	3	4
C. Police in my community do not bother to write tickets for seat belt				
violations	1	2	3	4
D. I sometimes simply forget to put it on	1	2	3	4
E. I feel it is not needed if I'm not driving very far	1	2	3	4
F. Seat belts are uncomfortable	1	2	3	4
G. I feel it is not needed if traffic is light	1	2	3	4
H. My vehicle is equipped with airbags	1	2	3	4
I. Personal choice		2	3	4

6. Next, to the best of your knowledge, does the state of Arizona have a law which requires all passengers to wear a seat belt?

Yes – has a law...1 No – doesn't have a law...2 Not sure...3

Not a

Not

7.	Under the current Arizona seat belt law, a peace office only issue a citation to a vehicle driver for not wearing a belt when the driver is stopped for some other motor violation. There has been some discussion lately changing this law to allow peace officers to stop vehicle issue citations to drivers simply for not wearing a sea Do you favor or oppose this change in the law?	a seat Favor1 ehicle Oppose2 about Not sure3 s and
	7a. Do you think such a law would be effective of effective in encouraging more people to wear seat be	
	7b. Do you think such a law would lead to racial profili peace officers?	ng by Yes1 No2 Don't know/refused3
	7c. Do you think more police officers writing tickets for use would encourage more seat belt use?	r non- Yes1 No2 Don't know/refused3
	7d. Do you think television and radio ads encouraging belt use result in more usage?	y seat Yes1 No2 Don't know/refused3
	DEMOGRAPHICS	
8.	Now before we finish, I need a few pieces of information yourself for classification purposes only. First, what i highest level of schooling you have had the opportur complete? (READ LIST AND RECORD ONE RESPONSE	s the High school graduate2 hity to Some college3
9.	And finally, which of the following categories best describes your ethnic origin? (READ LIST AND RECORD ONE RESPONSE; ROTATE)	Caucasian1 African-American2 Hispanic3 Native American4 Asian5 Or something else (PLEASE SPECIFY
	From Sample:	County:
	Thank you very much, that completes this interview. My conducted this interview so may I have your first name so	
NAI	ME:	PHONE #:

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